



Irish-Mediterranean Cuisine

www.cafesolkilkenny.com

Open 7 days for lunch and dinner

Monday to Saturday: 11.30am to 10.00pm

Sunday: 12 noon to 9pm

Welcome to Sol. We hope you enjoy your time with us. The restaurant was established in 1995 and has been under current ownership since 2001. We feature in many travel guides including Lonely Planet, Frommers, Fodors and The Georgina Campbell Jameson Good Food Guide. Restaurant Café Sol is a member of Kilkenny Good Food Circle and the Restaurants Association of Ireland.

Many dishes can be prepared gluten free or dairy free since everything is made to order in our kitchen.

We are proud to acknowledge our suppliers who provide us with the freshest, top-quality ingredients. We use free range eggs in our kitchen and fresh local produce where possible. Restaurant Café Sol uses only quality Irish chicken and beef.

Our suppliers

- Paddy Mullins, butcher, Friary Street, Kilkenny; *beef, lamb, chicken, pork*
- John Fennelly, Kilkenny Fish Centre, Friary Street; *fish mainly from Dunmore East*
- Billy Deegan, Kilkenny; *fresh fruit and vegetables*
- Ballon Free Range Eggs; Ballon, Co. Carlow
- Lavistown Foods, Kilkenny; *Lavistown gourmet sausages and Lavistown cheese*
- Templetuohy Foods, Thurles, Co. Tipperary; *Irish chicken*
- La Rousse Foods, Dublin; *speciality foods*

Thank you for choosing Restaurant Café Sol. If you enjoyed your visit, please tell your friends. If we slipped up in any way please tell us so that we can improve. We look forward to seeing you again soon!

Liam O'Hanlon

Head Chef

Noel McCarron

Proprietor